

Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 7th January 2012

U11 Boys — FINAL RESULTS

| Pos | Name | Club | Time |
|-----|------------------|--------------------------|------|
| 1 | George Robinson | Blackpool Wyre & Fylde | 8:12 |
| 2 | Niall Caley | Manx Harriers | 8:20 |
| 3 | Christian Linton | Blackpool Wyre & Fylde | 8:42 |
| 4 | William Waller | Hyndburn Ac | 8:45 |
| 5 | Harley Place | Rossendale Harriers & Ac | 8:52 |
| 6 | Tom Treaddell | Preston Harriers & Ac | 8:59 |
| 7 | Ben Green | Rossendale Harriers & Ac | 9:01 |
| 8 | Matthew Mackay | Rossendale Harriers & Ac | 9:10 |
| 9 | Jamie Jackson | Blackpool Wyre & Fylde | 9:12 |
| 10 | Ben McLaughlin | Leigh Harriers & Ac | 9:12 |
| 11 | Jayden Fayle | Manx Harriers | 9:22 |
| 12 | Seth Elliott | Blackburn Harriers & Ac | 9:23 |
| 13 | Jack Hutchinson | Hyndburn Ac | 9:26 |

U11 Boys — TEAM RESULTS

| | | | | | | | | | | | |
|---|--------------------------|----|---|----|-------------------|----|-----------------|----|----------------|----|-----------------|
| 1 | Rossendale Harriers & Ac | 36 | — | 5 | Harley Place | 7 | Ben Green | 8 | Matthew Mackay | 16 | Luke Donovan |
| 2 | Hyndburn Ac | 60 | — | 4 | William Waller | 13 | Jack Hutchinson | 21 | Dylan Ross | 22 | Thomas Shorrock |
| 3 | Blackburn Harriers & Ac | 66 | — | 12 | Seth Elliott | 15 | Billy Walpole | 19 | Rhys Charnley | 20 | Jamie Teare |
| 4 | Chorley Ac | 72 | — | 14 | Scott Gouldthorpe | 17 | Luke Hunter | 18 | Ben Hughes | 23 | Ethan Joyce |

U11 Girls — FINAL RESULTS

| Pos | Name | Club | Time |
|-----|---------------------|---------------------------|-------|
| 1 | Eve Hutchinson | Hyndburn Ac | 8:50 |
| 2 | Hannah Eadie | Blackpool Wyre & Fylde | 8:58 |
| 3 | Natalya Irvine | Clayton Le Moors Harriers | 8:59 |
| 4 | Hannah Cookson | Blackburn Harriers & Ac | 9:22 |
| 5 | Elodie Smallwood | Blackburn Harriers & Ac | 9:37 |
| 6 | Ffion Ashton | Lancaster & Morecambe Ac | 9:40 |
| 7 | Olivia John Haslam | Preston Harriers & Ac | 9:41 |
| 8 | Rebekah Luff | Preston Harriers & Ac | 9:52 |
| 9 | Orla Holt | Rossendale Harriers & Ac | 10:04 |
| 10 | Nicola Moynihan | Hyndburn Ac | 10:06 |
| 11 | Amy Donovan | Rossendale Harriers & Ac | 10:08 |
| 12 | Grace Webster | Blackpool Wyre & Fylde | 10:11 |
| 13 | Charlotte Johnstone | Preston Harriers & Ac | 10:20 |
| 14 | Maddie Elliott | Blackburn Harriers & Ac | 10:22 |
| 15 | Maisy Vasic | Rossendale Harriers & Ac | 10:27 |
| 16 | Eleesha Charnley | Blackburn Harriers & Ac | 10:33 |

U11 Girls — TEAM RESULTS

| | | | | | | | | | | | |
|---|--------------------------|----|---|---|----------------|----|------------------|----|----------------|----|------------------|
| 1 | Blackburn Harriers & Ac | 39 | — | 4 | Hannah Cookson | 5 | Elodie Smallwood | 14 | Maddie Elliott | 16 | Eleesha Charnley |
| 2 | Rossendale Harriers & Ac | 55 | — | 9 | Orla Holt | 11 | Amy Donovan | 15 | Maisy Vasic | 20 | Lucie Wood |

Lancashire Cross Country Championships

at Witton Park, Blackburn on Saturday 7th January 2012

Under 13 - Boys — FINAL RESULTS (\$=non-counter)

| Pos | Name | Club | Time | Pos | Name | Club | Time |
|-----|------------------|-------------------------------|-------|-----|------------------|-------------------------------|-------|
| 1 | Jake Lonsdale | Trafford Athletic Club | 12:26 | 22 | George Rostevin | Lancaster & Morecambe Ac | 14:20 |
| 2 | Dean Tierney | Preston Harriers & Ac | 12:27 | 23 | \$Lewis Hartley | Blackpool Wyre & Fylde | 14:28 |
| 3 | Joshua Boyle | Hyndburn Ac | 12:39 | 24 | Oliver Murray | Blackburn Harriers & Ac | 14:37 |
| 4 | Matthew Barnes | Pendle Athletic Club | 12:54 | 25 | Niall Graham | Lancaster & Morecambe Ac | 14:41 |
| 5 | Jack Crook | Liverpool Pembroke & Sefton H | 12:58 | 26 | \$Jack Mitchell | Blackpool Wyre & Fylde | 14:46 |
| 6 | Liam Bibby | Liverpool Pembroke & Sefton H | 12:59 | 27 | Liam McDermott | Preston Harriers & Ac | 14:49 |
| 7 | Tiarnan Croken | Pendle Athletic Club | 13:00 | 28 | George Dickinson | Manx Harriers | 14:49 |
| 8 | Nathan Dunn | Wigan & District H & Ac | 13:03 | 29 | Daniel Rawlinson | Lancaster & Morecambe Ac | 14:51 |
| 9 | Byron Abbot | Blackburn Harriers & Ac | 13:07 | 30 | George Ashcroft | Preston Harriers & Ac | 14:53 |
| 10 | David Mullarkey | Manx Harriers | 13:22 | 31 | Kristian McInery | Blackburn Harriers & Ac | 15:07 |
| 11 | Adam Hartley | Unattached | 13:28 | 32 | James Nuttall | Rossendale Harriers & Ac | 15:13 |
| 12 | Thomas Marchant | Pendle Athletic Club | 13:29 | 33 | Michael Croft | Liverpool Pembroke & Sefton H | 15:17 |
| 13 | Mathew Thompson | Pendle Athletic Club | 13:30 | 34 | Elliot Snape | Rossendale Harriers & Ac | 15:26 |
| 14 | Samuel Matthews | Blackpool Wyre & Fylde | 13:35 | 35 | Harry Rushton | Blackburn Harriers & Ac | 15:39 |
| 15 | Christopher Luff | Preston Harriers & Ac | 13:36 | 36 | Max Cotterill | Liverpool Pembroke & Sefton H | 15:40 |
| 16 | Joshua Whitehead | Rossendale Harriers & Ac | 13:48 | 37 | Jacob VanGeffen | Pendle Athletic Club | 16:02 |
| 17 | Conor Davies | Manx Harriers | 13:56 | 38 | Josh Forth | Ribble Valley AC | 16:14 |
| 18 | Josh Forrest | Liverpool Pembroke & Sefton H | 14:04 | 39 | Ryan Clarke | Clayton Le Moors Harriers | 16:49 |
| 19 | Jordan Isherwood | Pendle Athletic Club | 14:04 | 40 | Adam Rawlinson | Lancaster & Morecambe Ac | 17:05 |
| 20 | Thomas Matthews | Blackpool Wyre & Fylde | 14:09 | 41 | Joe Marshall | Liverpool Pembroke & Sefton H | 18:05 |
| 21 | Ethan Radcliffe | Rossendale Harriers & Ac | 14:15 | | | | |

Under 13 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | | |
|---|-------------------------------|-----|---|----|------------------|----|------------------|----|------------------|----|-----------------|
| 1 | Pendle Athletic Club | 34 | — | 4 | Matthew Barnes | 7 | Tiarnan Croken | 11 | Thomas Marchant | 12 | Mathew Thompson |
| 2 | Liverpool Pembroke & Sefton H | 58 | — | 5 | Jack Crook | 6 | Liam Bibby | 17 | Josh Forrest | 30 | Michael Croft |
| 3 | Preston Harriers & Ac | 67 | — | 2 | Dean Tierney | 14 | Christopher Luff | 24 | Liam McDermott | 27 | George Ashcroft |
| 4 | Blackburn Harriers & Ac | 91 | — | 9 | Byron Abbot | 22 | Oliver Murray | 28 | Kristian McInery | 32 | Harry Rushton |
| 5 | Rossendale Harriers & Ac | 95 | — | 15 | Joshua Whitehead | 20 | Ethan Radcliffe | 29 | James Nuttall | 31 | Elliot Snape |
| 6 | Lancaster & Morecambe Ac | 107 | — | 21 | George Rostevin | 23 | Niall Graham | 26 | Daniel Rawlinson | 37 | Adam Rawlinson |

Under 13 - Girls — FINAL RESULTS (\$=non-counter)

| Pos | Name | Cat/Pos | Club | Time | Pos | Name | Club | Time |
|-----|----------------------|---------|-------------------------------|-------|-----|--------------------|-------------------------------|-------|
| 1 | Elizabeth Greenwood | | Blackburn Harriers & Ac | 12:57 | 17 | Beatrice Toman | Rossendale Harriers & Ac | 15:26 |
| 2 | Grace Handley | | Blackburn Harriers & Ac | 13:27 | 18 | Emily Hall | Blackpool Wyre & Fylde | 15:30 |
| 3 | Morag Molyneux | | Liverpool Pembroke & Sefton H | 13:30 | 19 | Shauna Williamson | Rossendale Harriers & Ac | 15:31 |
| 4 | Blythe Fourie | | Hyndburn Ac | 13:49 | 20 | Molly Scarr | Blackpool Wyre & Fylde | 15:35 |
| 5 | Lucy Keelan | | Preston Harriers & Ac | 13:59 | 21 | Esme Pearce | Blackburn Harriers & Ac | 16:05 |
| 6 | Deni Impett | | Blackpool Wyre & Fylde | 14:03 | 22 | Jessica Nelson | Rossendale Harriers & Ac | 16:13 |
| 7 | Charlotte Waddington | | Rossendale Harriers & Ac | 14:12 | 23 | Laura Dickinson | Manx Harriers | 16:15 |
| 8 | Corinna Howorth | | Rossendale Harriers & Ac | 14:18 | 24 | Shannon Perry | Lancaster & Morecambe Ac | 16:20 |
| 9 | Annie Bradshaw | | Blackpool Wyre & Fylde | 14:21 | 25 | Eleanor Solomon | Rossendale Harriers & Ac | 16:29 |
| 10 | Sophie Murphy | | Rossendale Harriers & Ac | 14:39 | 26 | Megan Clarkson | Blackburn Harriers & Ac | 16:34 |
| 11 | Sarah Longshaw | | Rossendale Harriers & Ac | 14:54 | 27 | Rebecca Holindrake | Lancaster & Morecambe Ac | 16:45 |
| 12 | Eleanor Bolton | | Ribble Valley AC | 14:57 | 28 | Rose Abbott | Blackburn Harriers & Ac | 16:50 |
| 13 | Alexa McTiffin | | Hyndburn Ac | 15:05 | 29 | Alice Pier | Clayton Le Moors Harriers | 16:52 |
| 14 | Kelsey Rutherford | | Blackburn Harriers & Ac | 15:15 | 30 | Georgia Turgoose | Blackburn Harriers & Ac | 16:53 |
| 15 | Meg Beckett | | Preston Harriers & Ac | 15:22 | 31 | Kate Croft | Liverpool Pembroke & Sefton H | 17:03 |
| 16 | Elisha Lyttle | | Preston Harriers & Ac | 15:24 | 32 | Ella Morley | Blackpool Wyre & Fylde | 18:15 |

Under 13 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | | |
|---|--------------------------|----|---|---|----------------------|---|-----------------|----|-------------------|----|----------------|
| 1 | Rossendale Harriers & Ac | 36 | — | 7 | Charlotte Waddington | 8 | Corinna Howorth | 10 | Sophie Murphy | 11 | Sarah Longshaw |
| 2 | Blackburn Harriers & Ac | 38 | — | 1 | Elizabeth Greenwood | 2 | Grace Handley | 14 | Kelsey Rutherford | 21 | Esme Pearce |
| 3 | Blackpool Wyre & Fylde | 53 | — | 6 | Deni Impett | 9 | Annie Bradshaw | 18 | Emily Hall | 20 | Molly Scarr |

Lancashire Cross Country Championships

at Witton Park, Blackburn on Saturday 7th January 2012

Under 15 - Boys — FINAL RESULTS

| Pos | Name | Club | Time |
|-----|--------------------|-------------------------------|-------|
| 1 | Patrick Dever | Preston Harriers & Ac | 14:33 |
| 2 | Matthew Shackleton | Lancaster & Morecambe Ac | 15:00 |
| 3 | Robert Wong | Blackburn Harriers & Ac | 15:02 |
| 4 | Darius Boardman | Pendle Athletic Club | 15:03 |
| 5 | George Rowley | Lytham St Annes Rr Club | 15:07 |
| 6 | William Eccleston | Blackpool Wyre & Fylde | 15:14 |
| 7 | Christopher Durney | Preston Harriers & Ac | 15:16 |
| 8 | Elliott Roberts | Preston Harriers & Ac | 15:24 |
| 9 | Matthew Dutton | Pendle Athletic Club | 15:26 |
| 10 | Will Morris | Wesham Road Runners & Ac | 15:43 |
| 11 | Fergus Tallon | Chorley Ac | 15:51 |
| 12 | Rob Shaw | Preston Harriers & Ac | 15:53 |
| 13 | Jack Hindle | Blackburn Harriers & Ac | 16:07 |
| 14 | Mathew Harris | Rossendale Harriers & Ac | 16:15 |
| 15 | Callum Davidson | Rossendale Harriers & Ac | 16:30 |
| 16 | Joseph Howe | Horwich R M I Harriers | 16:31 |
| 17 | Dan Whitlock | Preston Harriers & Ac | 16:32 |
| 18 | Connor Mahoney | Blackburn Harriers & Ac | 17:03 |
| 19 | Nathan Townsend | Horwich R M I Harriers | 17:03 |
| 20 | Callum Ross | Hyndburn Ac | 17:33 |
| 21 | Robert Blow | Blackburn Harriers & Ac | 17:37 |
| 22 | Chris Weber | Liverpool Pembroke & Sefton H | 17:45 |
| 23 | William Murray | Blackburn Harriers & Ac | 18:43 |
| 24 | K Armour-Hamill | Blackburn Harriers & Ac | 20:17 |
| 25 | Daniel Bolton | Ribble Valley AC | 20:19 |
| 26 | Declan Dambrough | Blackpool Wyre & Fylde | 20:47 |

Under 15 - Boys — TEAM RESULTS

| | | | | |
|---------------------------|----------------------|----------------------|-------------------|----------------|
| 1 Preston Harriers & Ac | 28 — 1 Patrick Dever | 7 Christopher Durney | 8 Elliott Roberts | 12 Rob Shaw |
| 2 Blackburn Harriers & Ac | 55 — 3 Robert Wong | 13 Jack Hindle | 18 Connor Mahoney | 21 Robert Blow |

Under 15 - Girls — FINAL RESULTS

| Pos | Name | Club | Time |
|-----|------------------|--------------------------|-------|
| 1 | Molly Betmead | Blackpool Wyre & Fylde | 16:17 |
| 2 | Rebecca Flanagan | Rossendale Harriers & Ac | 16:47 |
| 3 | Mary Hodgson | Lancaster & Morecambe Ac | 16:49 |
| 4 | Rhiannon Wickham | Blackburn Harriers & Ac | 16:56 |
| 5 | Amelia Wood | Ribble Valley AC | 17:07 |
| 6 | Katie Astin | Manx Harriers | 17:12 |
| 7 | Alisha Johnson | Blackpool Wyre & Fylde | 17:44 |
| 8 | Grace Maddox | Preston Harriers & Ac | 18:08 |
| 9 | Lucy Lennon | Ribble Valley AC | 18:25 |
| 10 | Phoebe Howe | Horwich R M I Harriers | 18:34 |
| 11 | Georgia Hannam | Lancaster & Morecambe Ac | 18:49 |
| 12 | Holly Johnstone | Preston Harriers & Ac | 19:00 |
| 13 | Katie Buckingham | Blackburn Harriers & Ac | 19:04 |
| 14 | Megan Solomon | Rossendale Harriers & Ac | 19:06 |
| 15 | Rebecca Bevan | Rossendale Harriers & Ac | 19:09 |
| 16 | Georgina Smith | Ribble Valley AC | 19:16 |
| 17 | Hannah Williams | Hyndburn Ac | 19:19 |
| 18 | Becky Ingham | Blackpool Wyre & Fylde | 19:44 |
| 19 | Shona Monks | Rossendale Harriers & Ac | 19:56 |
| 20 | Sally Searson | Blackburn Harriers & Ac | 19:58 |
| 21 | Kelly Smith | Blackpool Wyre & Fylde | 20:20 |
| 22 | Isabella Lewis | Rossendale Harriers & Ac | 20:24 |
| 23 | Liberty Turner | Ribble Valley AC | 20:27 |
| 24 | Chloe Law | Rossendale Harriers & Ac | 23:13 |

Under 15 - Girls — TEAM RESULTS

| | | | | |
|----------------------------|-------------------------|------------------|-------------------|-------------------|
| 1 Blackpool Wyre & Fylde | 47 — 1 Molly Betmead | 7 Alisha Johnson | 18 Becky Ingham | 21 Kelly Smith |
| 2 Rossendale Harriers & Ac | 50 — 2 Rebecca Flanagan | 14 Megan Solomon | 15 Rebecca Bevan | 19 Shona Monks |
| 3 Ribble Valley AC | 53 — 5 Amelia Wood | 9 Lucy Lennon | 16 Georgina Smith | 23 Liberty Turner |

Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 7th January 2012

Under 17 - Women — FINAL RESULTS

| Pos | Name | Club | Time | | Name | Club | Time |
|-----|-----------------|---------------------------|-------|----|---------------------|--------------------------|-------|
| 1 | Sarah Hodgson | Lancaster & Morecambe Ac | 22:54 | 6 | Zoe Harding | Lancaster & Morecambe Ac | 25:48 |
| 2 | Lauren Gowland | Blackpool Wyre & Fylde | 24:10 | 7 | Elizabeth Longshaw | Rossendale Harriers & Ac | 26:36 |
| 3 | Jodie Ferguson | Blackpool Wyre & Fylde | 24:34 | 8 | Kirsty Fraser | Preston Harriers & Ac | 27:33 |
| 4 | Helena Leathley | Clayton Le Moors Harriers | 24:43 | 9 | Ellen Sagar Hesketh | Hyndburn Ac | 27:58 |
| 5 | Laura Sullivan | Preston Harriers & Ac | 25:36 | 10 | Jessica McDermott | Preston Harriers & Ac | 28:09 |

Under 17 - Women — TEAM RESULTS

| | | | | | | | | | |
|---|-----------------------|----|---|---|----------------|---|---------------|----|-------------------|
| 1 | Preston Harriers & Ac | 23 | — | 5 | Laura Sullivan | 8 | Kirsty Fraser | 10 | Jessica McDermott |
|---|-----------------------|----|---|---|----------------|---|---------------|----|-------------------|

Under 17 - Men — FINAL RESULTS

| Pos | Name | Club | Time | | Name | Club | Time |
|-----|-------------------|-------------------------------|-------|----|------------------|-------------------------------|-------|
| 1 | Dominic Mahoney | Blackburn Harriers & Ac | 19:52 | 16 | Kyle Nichols | Liverpool Pembroke & Sefton H | 21:45 |
| 2 | Ryan Blackwell | Liverpool Pembroke & Sefton H | 20:14 | 17 | James Loftus | Liverpool Pembroke & Sefton H | 21:56 |
| 3 | Jumaine Coleman | Preston Harriers & Ac | 20:20 | 18 | Shaun Moore | Western AC | 22:04 |
| 4 | Harry Poole | Blackpool Wyre & Fylde | 20:21 | 19 | Harry Paige | Blackburn Harriers & Ac | 22:10 |
| 5 | Sandy Kelly | Preston Harriers & Ac | 20:24 | 20 | Daniel Walsh | Rossendale Harriers & Ac | 22:21 |
| 6 | Daniel Quarmby | Blackpool Wyre & Fylde | 20:28 | 21 | David Reece | Liverpool Pembroke & Sefton H | 22:24 |
| 7 | Stephen Garrett | Manx Harriers | 20:53 | 22 | Toby Bolton | Ribble Valley AC | 22:44 |
| 8 | Joe Oldfield | Ribble Valley AC | 21:05 | 23 | Adam Sciacca | Chorley Ac | 22:45 |
| 9 | Jak Morris | Wesham Road Runners & Ac | 21:10 | 24 | Alton Fowley | Rossendale Harriers & Ac | 23:12 |
| 10 | Ben Everson | Trafford Athletic Club | 21:19 | 25 | Max Butler | Ribble Valley AC | 23:25 |
| 11 | Jack Ellis | Preston Harriers & Ac | 21:21 | 26 | Ryan Bradshaw | Rossendale Harriers & Ac | 23:30 |
| 12 | Daniel Bebbington | Preston Harriers & Ac | 21:21 | 27 | Sean Kenny | Blackpool Wyre & Fylde | 23:35 |
| 13 | Jason Moore | Western AC | 21:22 | 28 | Jacob Boyle | Hyndburn Ac | 23:37 |
| 14 | Ammon Yeardsley | Manx Harriers | 21:27 | 29 | Oliver Dickinson | Manx Harriers | 24:13 |
| 15 | Ryan Sciacca | Chorley Ac | 21:44 | 30 | Robert Parkinson | Liverpool Pembroke & Sefton H | 24:21 |

Under 17 - Men — TEAM RESULTS

| | | | | | | | | | |
|---|-------------------------------|----|---|----|-----------------|----|-----------------|----|------------------|
| 1 | Preston Harriers & Ac | 19 | — | 3 | Jumaine Coleman | 5 | Sandy Kelly | 11 | Jack Ellis |
| 2 | Liverpool Pembroke & Sefton H | 35 | — | 2 | Ryan Blackwell | 16 | Kyle Nichols | 17 | James Loftus |
| 3 | Blackpool Wyre & Fylde | 37 | — | 4 | Harry Poole | 6 | Daniel Quarmby | 27 | Sean Kenny |
| 4 | Manx Harriers | 50 | — | 7 | Stephen Garrett | 14 | Ammon Yeardsley | 29 | Oliver Dickinson |
| 5 | Ribble Valley AC | 55 | — | 8 | Joe Oldfield | 22 | Toby Bolton | 25 | Max Butler |
| 6 | Rossendale Harriers & Ac | 70 | — | 20 | Daniel Walsh | 24 | Alton Fowley | 26 | Ryan Bradshaw |

Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 7th January 2012

Ladies — FINAL RESULTS (\$=non-counter)

| Pos | Name | Cat/Pos | Club | Time | | | | | |
|-----|------------------|---------|---------------------------|-------|----|---------------------|-------|---------------------------|-------|
| 1 | Susan Samme | L45 1 | Lytham St Annes Rr Club | 29:04 | 29 | Stasia Bligh | L35 2 | Blackpool Wyre & Fylde | 34:37 |
| 2 | Caroline Betmead | L40 1 | Blackpool Wyre & Fylde | 29:38 | 30 | Emma EssexCrosby | | Preston Harriers & Ac | 34:54 |
| 3 | Hannah Bateson | | Lancaster & Morecambe Ac | 29:44 | 31 | Sarah Sherratt | L40 6 | Wesham Road Runners & Ac | 34:57 |
| 4 | Sarah Astin | | Manx Harriers | 30:00 | 32 | Sarah Gohil | L40 7 | Preston Harriers & Ac | 35:06 |
| 5 | Mairead Roche | | Cambridge University H&H | 30:15 | 33 | Katrin Harding | | Cambridge University H&H | 35:36 |
| 6 | Beckie Taylor | | Blackburn Harriers & Ac | 30:18 | 34 | Jean Brown | L40 8 | Clayton Le Moors Harriers | 35:48 |
| 7 | Lindsey Brindle | | Horwich R M I Harriers | 30:35 | 35 | Irene Roche | L50 3 | Clayton Le Moors Harriers | 36:56 |
| 8 | Rachel Thompson | | Horwich R M I Harriers | 30:50 | 36 | Andrea Smith | L45 5 | Blackpool Wyre & Fylde | 37:04 |
| 9 | Debbie Campbell | | Horwich R M I Harriers | 31:28 | 37 | Sarah Toms | | Rossendale Harriers & Ac | 37:15 |
| 10 | Rebecca Wallace | | Manx Harriers | 31:36 | 38 | Kath Hoyer | L50 4 | Wesham Road Runners & Ac | 37:26 |
| 11 | Gail Griffiths | L45 2 | Manx Harriers | 31:40 | 39 | Karen Dunford | L45 6 | Blackpool Wyre & Fylde | 37:33 |
| 12 | Nichola Jackson | | Preston Harriers & Ac | 31:45 | 40 | Samantha Smith | | Blackpool Wyre & Fylde | 37:35 |
| 13 | Helen Booth | | Lancaster & Morecambe Ac | 31:46 | 41 | Davina Raidy | L40 9 | Rossendale Harriers & Ac | 37:50 |
| 14 | Deborah Gowans | L45 3 | Accrington Road Runners | 31:52 | 42 | Elizabeth Hindle | L55 1 | Dallam Running Club | 38:47 |
| 15 | Rachel Wood | | Blackburn Harriers & Ac | 32:06 | 43 | Catherine Gallagher | | Rossendale Harriers & Ac | 39:14 |
| 16 | Yvonne Wyke | L40 2 | Parbold Pink Panthers | 32:12 | 44 | Jayne Ashe | | Ribble Valley AC | 40:19 |
| 17 | Joanna Goorney | L40 3 | Wesham Road Runners & Ac | 32:20 | 45 | Andrea Counce | L35 3 | Tri Preston | 40:38 |
| 18 | Emma Flanagan | | Rossendale Harriers & Ac | 32:26 | 46 | Julia Rolfe | L45 7 | Lytham St Annes Rr Club | 41:32 |
| 19 | Suzanne Budgett | L45 4 | Horwich R M I Harriers | 32:40 | 47 | Lisa Nuttall | L4010 | Blackburn Harriers & Ac | 42:09 |
| 20 | Sarah Yeomans | | Rossendale Harriers & Ac | 32:56 | 48 | Carrie Beadle | | Lancaster & Morecambe Ac | 42:19 |
| 21 | Philippa Walsh | L50 1 | Preston Harriers & Ac | 33:20 | 49 | Jan Buckingham | L45 8 | Blackburn Harriers & Ac | 42:30 |
| 22 | Andora Perkins | | Lancaster University | 33:40 | 50 | Judith Deakin | L65 1 | Preston Harriers & Ac | 43:04 |
| 23 | Jane Hodkinson | L50 2 | Blackburn Harriers & Ac | 34:09 | 51 | Pamela Hardman | L50 5 | Lytham St Annes Rr Club | 43:54 |
| 24 | Lauren Gora | | Lancaster & Morecambe Ac | 34:11 | 52 | Karin Goss | L60 1 | Clayton Le Moors Harriers | 45:32 |
| 25 | Bianca Pederson | | Blackpool Wyre & Fylde | 34:14 | 53 | Christine Leathley | L60 2 | Clayton Le Moors Harriers | 49:20 |
| 26 | Vicki Hardwicke | L40 4 | Rossendale Harriers & Ac | 34:20 | 54 | Susan Allen | L50 6 | Clayton Le Moors Harriers | 50:19 |
| 27 | Claire McDermott | L40 5 | Preston Harriers & Ac | 34:20 | 55 | Dawn Lock | L65 2 | Lytham St Annes Rr Club | 58:42 |
| 28 | Gayle Whittaker | L35 1 | Clayton Le Moors Harriers | 34:25 | | | | | |

Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | |
|---|---------------------------|----|---|----|------------------|----|-----------------|----|------------------|
| 1 | Manx Harriers | 19 | — | 4 | Sarah Astin | 7 | Rebecca Wallace | 8 | Gail Griffiths |
| 2 | Lancaster & Morecambe Ac | 33 | — | 3 | Hannah Bateson | 10 | Helen Booth | 20 | Lauren Gora |
| 3 | Blackburn Harriers & Ac | 37 | — | 6 | Beckie Taylor | 12 | Rachel Wood | 19 | Jane Hodkinson |
| 4 | Blackpool Wyre & Fylde | 48 | — | 2 | Caroline Betmead | 21 | Bianca Pederson | 25 | Stasia Bligh |
| 5 | Preston Harriers & Ac | 49 | — | 9 | Nichola Jackson | 17 | Philippa Walsh | 23 | Claire McDermott |
| 6 | Rossendale Harriers & Ac | 53 | — | 15 | Emma Flanagan | 16 | Sarah Yeomans | 22 | Vicki Hardwicke |
| 7 | Wesham Road Runners & Ac | 75 | — | 14 | Joanna Goorney | 27 | Sarah Sherratt | 34 | Kath Hoyer |
| 8 | Clayton Le Moors Harriers | 85 | — | 24 | Gayle Whittaker | 30 | Jean Brown | 31 | Irene Roche |
| 9 | Lytham St Annes Rr Club | 90 | — | 1 | Susan Samme | 42 | Julia Rolfe | 47 | Pamela Hardman |

Ladies (Vets) — FINAL RESULTS (\$=non-counter)

| Pos | Name | Cat/Pos | Club | Time | | | | | |
|-----|------------------|---------|---------------------------|-------|----|--------------------|-------|---------------------------|-------|
| 1 | Susan Samme | L45 1 | Lytham St Annes Rr Club | 29:04 | 17 | Irene Roche | L50 3 | Clayton Le Moors Harriers | 36:56 |
| 2 | Caroline Betmead | L40 1 | Blackpool Wyre & Fylde | 29:38 | 18 | Andrea Smith | L45 5 | Blackpool Wyre & Fylde | 37:04 |
| 3 | Gail Griffiths | L45 2 | Manx Harriers | 31:40 | 19 | Kath Hoyer | L50 4 | Wesham Road Runners & Ac | 37:26 |
| 4 | Deborah Gowans | L45 3 | Accrington Road Runners | 31:52 | 20 | Karen Dunford | L45 6 | Blackpool Wyre & Fylde | 37:33 |
| 5 | Yvonne Wyke | L40 2 | Parbold Pink Panthers | 32:12 | 21 | Davina Raidy | L40 9 | Rossendale Harriers & Ac | 37:50 |
| 6 | Joanna Goorney | L40 3 | Wesham Road Runners & Ac | 32:20 | 22 | Elizabeth Hindle | L55 1 | Dallam Running Club | 38:47 |
| 7 | Suzanne Budgett | L45 4 | Horwich R M I Harriers | 32:40 | 23 | Andrea Counce | L35 3 | Tri Preston | 40:38 |
| 8 | Philippa Walsh | L50 1 | Preston Harriers & Ac | 33:20 | 24 | Julia Rolfe | L45 7 | Lytham St Annes Rr Club | 41:32 |
| 9 | Jane Hodkinson | L50 2 | Blackburn Harriers & Ac | 34:09 | 25 | Lisa Nuttall | L4010 | Blackburn Harriers & Ac | 42:09 |
| 10 | Vicki Hardwicke | L40 4 | Rossendale Harriers & Ac | 34:20 | 26 | Jan Buckingham | L45 8 | Blackburn Harriers & Ac | 42:30 |
| 11 | Claire McDermott | L40 5 | Preston Harriers & Ac | 34:20 | 27 | Judith Deakin | L65 1 | Preston Harriers & Ac | 43:04 |
| 12 | Gayle Whittaker | L35 1 | Clayton Le Moors Harriers | 34:25 | 28 | Pamela Hardman | L50 5 | Lytham St Annes Rr Club | 43:54 |
| 13 | Stasia Bligh | L35 2 | Blackpool Wyre & Fylde | 34:37 | 29 | Karin Goss | L60 1 | Clayton Le Moors Harriers | 45:32 |
| 14 | Sarah Sherratt | L40 6 | Wesham Road Runners & Ac | 34:57 | 30 | Christine Leathley | L60 2 | Clayton Le Moors Harriers | 49:20 |
| 15 | Sarah Gohil | L40 7 | Preston Harriers & Ac | 35:06 | 31 | Susan Allen | L50 6 | Clayton Le Moors Harriers | 50:19 |
| 16 | Jean Brown | L40 8 | Clayton Le Moors Harriers | 35:48 | 32 | Dawn Lock | L65 2 | Lytham St Annes Rr Club | 58:42 |

Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | |
|---|---------------------------|----|---|----|------------------|----|------------------|----|----------------|
| 1 | Preston Harriers & Ac | 31 | — | 7 | Philippa Walsh | 10 | Claire McDermott | 14 | Sarah Gohil |
| 2 | Blackpool Wyre & Fylde | 31 | — | 2 | Caroline Betmead | 12 | Stasia Bligh | 17 | Andrea Smith |
| 3 | Wesham Road Runners & Ac | 37 | — | 6 | Joanna Goorney | 13 | Sarah Sherratt | 18 | Kath Hoyer |
| 4 | Clayton Le Moors Harriers | 42 | — | 11 | Gayle Whittaker | 15 | Jean Brown | 16 | Irene Roche |
| 5 | Lytham St Annes Rr Club | 51 | — | 1 | Susan Samme | 23 | Julia Rolfe | 27 | Pamela Hardman |
| 6 | Blackburn Harriers & Ac | 57 | — | 8 | Jane Hodkinson | 24 | Lisa Nuttall | 25 | Jan Buckingham |

Ladies - Junior — FINAL RESULTS (\$=non-counter)

| Pos | Name | Cat/Pos | Club | Time | | | | | |
|-----|-----------------|---------|--------------------------|-------|---|----------------|--|--------------------------|-------|
| 1 | Sarah Astin | | Manx Harriers | 30:00 | 6 | Katrin Harding | | Cambridge University H&H | 35:36 |
| 2 | Beckie Taylor | | Blackburn Harriers & Ac | 30:18 | 7 | Samantha Smith | | Blackpool Wyre & Fylde | 37:35 |
| 3 | Nichola Jackson | | Preston Harriers & Ac | 31:45 | 8 | Jayne Ashe | | Ribble Valley AC | 40:19 |
| 4 | Emma Flanagan | | Rossendale Harriers & Ac | 32:26 | 9 | Carrie Beadle | | Lancaster & Morecambe Ac | 42:19 |
| 5 | Bianca Pederson | | Blackpool Wyre & Fylde | 34:14 | | | | | |

Ladies - Junior — TEAM RESULTS

No complete teams

Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 7th January 2012

Senior Men — FINAL RESULTS

| Pos | Name | Cat/Pos | Club | Time |
|-----|--------------------|---------|--------------------------------|---------|
| 1 | Simon Deakin | | Leeds City Athletic Club | 34:50 |
| 2 | Gary Priestley | | Blackburn Harriers & Ac | 35:17 |
| 3 | James Reed | | Altrincham & District Ac | 35:51 |
| 4 | Kevin Loundes | | Manx Harriers | 35:59 |
| 5 | Thomas Cornthwaite | | Salford Harriers | 36:19 |
| 6 | Karl Billington | Jun 1 | Blackburn Harriers & Ac | 36:23 |
| 7 | Luke Minns | | Blackpool Wyre & Fylde | 36:25 |
| 8 | Joe Johnston | Jun 2 | Rossendale Harriers & Ac | 37:00 |
| 9 | Christopher Fell | | Rossendale Harriers & Ac | 37:06 |
| 10 | Ollie Lockley | Jun 3 | Manx Harriers | 37:31 |
| 11 | Philip Leybourne | V40 1 | Salford Harriers | 37:34 |
| 12 | Andy Buttery | V40 2 | Rossendale Harriers & Ac | 37:37 |
| 13 | Nick Schofield | V45 1 | Rossendale Harriers & Ac | 37:58 |
| 14 | Chris Mathews | Jun 4 | Blackburn Harriers & Ac | 38:11 |
| 15 | Grant Cunliffe | | Rossendale Harriers & Ac | 38:22 |
| 16 | Charlie Pass | | Wesham Road Runners & Ac | 38:25 |
| 17 | Beau Smith | Jun 5 | Lancaster & Morecambe Ac | 38:27 |
| 18 | Alan Corlett | | Northern AC | 38:28 |
| 19 | Callum Mason | Jun 6 | Lancaster & Morecambe Ac | 38:41 |
| 20 | Matt Nuttall | V40 3 | Blackburn Harriers & Ac | 38:44 |
| 21 | Michael Garrett | V40 4 | Manx Harriers | 38:48 |
| 22 | Luke Betts | Jun 7 | Chorley Ac | 38:57 |
| 23 | Robert Danson | | Wesham Road Runners & Ac | 39:01 |
| 24 | Steve Worthington | | Lancaster & Morecambe Ac | 39:23 |
| 25 | Edward Gumbley | | Manx Harriers | 39:33 |
| 26 | Andrew Stubbs | V40 5 | Clayton Le Moors Harriers | 39:39 |
| 27 | John Wright | V45 2 | Blackpool Wyre & Fylde | 39:46 |
| 28 | Elliott Wylie | Jun 8 | Rossendale Harriers & Ac | 40:01 |
| 29 | Ashley Holt | | Rossendale Harriers & Ac | 40:04 |
| 30 | Paul Guinan | V40 6 | Blackburn Harriers & Ac | 40:11 |
| 31 | Chris Barnes | | Blackburn Harriers & Ac | 40:13 |
| 32 | Phil Hall | V50 1 | Clayton Le Moors Harriers | 40:28 |
| 33 | Jack Dugdale | | Clayton Le Moors Harriers | 40:38 |
| 34 | Adam Bateson | Jun 9 | Lancaster & Morecambe Ac | 40:44 |
| 35 | Mark Aspinall | V50 2 | Clayton Le Moors Harriers | 40:47 |
| 36 | Gianni Epifani | V40 7 | Manx Harriers | 40:49 |
| 37 | Paul Thompson | V40 8 | Clayton Le Moors Harriers | 40:51 |
| 38 | Philip Bolton | | Rossendale Harriers & Ac | 40:55 |
| 39 | Adam Weightman | Jun 10 | Blackpool Wyre & Fylde | 41:02 |
| 40 | Robert Warner | Jun 11 | Blackburn Harriers & Ac | 41:17 |
| 41 | Sean Kirkbride | Jun 12 | Liverpool Pembroke & Sefton H | 41:19 |
| 42 | Callum Rowett | Jun 13 | Preston Harriers & Ac | 41:25 |
| 43 | Zachary Howe | Jun 14 | Horwich R M I Harriers | 41:35 |
| 44 | Andy Watson | V40 9 | Manx Harriers | 41:39 |
| 45 | David Parkington | | Preston Harriers & Ac | 41:41 |
| 46 | Dominic Walton | Jun 15 | Blackburn Harriers & Ac | 41:44 |
| 47 | Mike Wallis | V50 3 | Clayton Le Moors Harriers | 41:52 |
| 48 | Peter Twigg | V45 3 | Lancaster & Morecambe Ac | 41:59 |
| 49 | Graham Morris | V45 4 | Accrington Road Runners | 42:02 |
| 50 | Tony Livesey | | Preston Harriers & Ac | 42:05 |
| 51 | Paul Hodgson | Jun 16 | Lancaster & Morecambe Ac | 42:16 |
| 52 | Michael O'Donnell | V45 5 | Preston Harriers & Ac | 42:19 |
| 53 | Gary Pearse | V45 6 | Blackburn Harriers & Ac | 42:31 |
| 54 | Andrew Draper | | Lytham St Annes Rr Club | 42:52 |
| 55 | Joe Moores | Jun 17 | Rossendale Harriers & Ac | 42:59 |
| 56 | Alex Rowe | V50 4 | Wesham Road Runners & Ac | 43:01 |
| 57 | Andy Fox | V50 5 | Manx Harriers | 43:03 |
| 58 | Russell Collister | V45 7 | Manx Harriers | 43:10 |
| 59 | Andy Townsend | V45 8 | Horwich R M I Harriers | 43:11 |
| 60 | Jonathan Hull | Jun 18 | Leicester Coritanians | 43:12 |
| | | | Andrew Woodward | 61 |
| | | | Richard Stott | 62 |
| | | | Mark Wightman | 63 |
| | | | Andrew Fell | 64 |
| | | | Mark Almond | 65 |
| | | | Murray Lambden | 66 |
| | | | Andrew Orr | 67 |
| | | | Kevin Hesketh | 68 |
| | | | Phil Walsh | 69 |
| | | | Jeff Lawton | 70 |
| | | | John Collier | 71 |
| | | | Terry Helling | 72 |
| | | | Graham Hodgson | 73 |
| | | | John Rainford | 74 |
| | | | Don Lennon | 75 |
| | | | Martin Oldfield | 76 |
| | | | Chris Walton | 77 |
| | | | Tony Croft | 78 |
| | | | John Griffiths | 79 |
| | | | Gary Johnston | 80 |
| | | | Michael Toms | 81 |
| | | | David Newton | 82 |
| | | | Graham Webster | 83 |
| | | | John Crook | 84 |
| | | | Paul Wareing | 85 |
| | | | Steven Luff | 86 |
| | | | Phillip Quibell | 87 |
| | | | Ben Ratcliffe | 88 |
| | | | Andrew Doyle | 89 |
| | | | Stuart Williams | 90 |
| | | | David Scott | 91 |
| | | | Mark Midgley | 92 |
| | | | David Bagoi | 93 |
| | | | Michael Leck | 94 |
| | | | Michael McLoughlin | 95 |
| | | | Colin Nelson | 96 |
| | | | Simon Townsend | 97 |
| | | | Paul Jackson | 98 |
| | | | Peter Sagar | 99 |
| | | | Nigel Shepherd | 100 |
| | | | Gordon Thompson | 101 |
| | | | John Cookson | 102 |
| | | | John Orrell | 103 |
| | | | Graham Wright | 104 |
| | | | Henry Minorczyk | 105 |
| | | | Jeffrey Wright | 106 |
| | | | Peter Gibson | 107 |
| | | | Barry Chester | 108 |
| | | | Kevin Doherty | 109 |
| | | | Marco Sciacca | 110 |
| | | | Brian Porter | 111 |
| | | | Paul Murray | 112 |
| | | | Nicholas Hutchinson | 113 |
| | | | Philip McCullagh | 114 |
| | | | J Simpson | 115 |
| | | | John Minton | 116 |
| | | | Tom Hilton | 117 |
| | | | Adrian Smith | 118 |
| | | | Mike Coppin | 119 |
| | | | Blackpool Wyre & Fylde | 43:13 |
| | | | Rossendale Harriers & Ac | 43:19 |
| | | | Clayton Le Moors Harriers | 43:27 |
| | | | Rossendale Harriers & Ac | 43:37 |
| | | | Blackburn Harriers & Ac | 43:44 |
| | | | Manx Harriers | 43:51 |
| | | | Clayton Le Moors Harriers | 44:19 |
| | | | Preston Harriers & Ac | 44:55 |
| | | | Preston Harriers & Ac | 45:04 |
| | | | Blackpool Wyre & Fylde | 45:12 |
| | | | Blackpool Wyre & Fylde | 45:15 |
| | | | Lytham St Annes Rr Club | 45:28 |
| | | | Lancaster & Morecambe Ac | 45:50 |
| | | | Preston Harriers & Ac | 45:56 |
| | | | Ribble Valley AC | 46:12 |
| | | | Ribble Valley AC | 46:15 |
| | | | Accrington Road Runners | 46:18 |
| | | | Lytham St Annes Rr Club | 46:20 |
| | | | Preston Harriers & Ac | 46:21 |
| | | | Blackpool Wyre & Fylde | 46:25 |
| | | | Rossendale Harriers & Ac | 46:28 |
| | | | Manx Harriers | 46:31 |
| | | | Lytham St Annes Rr Club | 46:33 |
| | | | Skelmersdale Boundary Harriers | 46:38 |
| | | | Chorley Ac | 47:12 |
| | | | Preston Harriers & Ac | 47:24 |
| | | | Unattached | 47:36 |
| | | | Ribble Valley AC | 48:30 |
| | | | Botton United Harriers & Ac | 48:35 |
| | | | Blackpool Wyre & Fylde | 49:15 |
| | | | Clayton Le Moors Harriers | 49:42 |
| | | | Wesham Road Runners & Ac | 50:07 |
| | | | Clayton Le Moors Harriers | 50:33 |
| | | | Lancaster & Morecambe Ac | 50:36 |
| | | | Preston Harriers & Ac | 50:47 |
| | | | Lytham St Annes Rr Club | 50:53 |
| | | | Chorley Ac | 50:56 |
| | | | Chorley Harriers & Tri | 50:57 |
| | | | Hyndburn Ac | 51:12 |
| | | | Wesham Road Runners & Ac | 51:38 |
| | | | Preston Harriers & Ac | 51:41 |
| | | | Blackburn Harriers & Ac | 51:44 |
| | | | Blackburn Harriers & Ac | 52:03 |
| | | | Rossendale Harriers & Ac | 52:14 |
| | | | Chorley Ac | 52:18 |
| | | | Blackpool Wyre & Fylde | 52:50 |
| | | | Blackpool Wyre & Fylde | 53:18 |
| | | | Chorley Ac | 53:59 |
| | | | Blackburn Harriers & Ac | 54:06 |
| | | | Chorley Ac | 54:08 |
| | | | Wesham Road Runners & Ac | 56:03 |
| | | | Horwich R M I Harriers | 56:42 |
| | | | Hyndburn Ac | 57:38 |
| | | | Chorley Ac | 1:01:58 |
| | | | Preston Harriers & Ac | 1:03:35 |
| | | | Chorley Ac | 1:07:00 |
| | | | Chorley Ac | 1:11:52 |
| | | | Chorley Ac | 1:13:08 |
| | | | Chorley Ac | 1:18:01 |

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | | | | | | |
|---|---------------------------|-----|---|----|----------------|----|------------------|----|-------------------|-----|-------------------|-----|----------------|-----|----------------|
| 1 | Rossendale Harriers & Ac | 85 | — | 8 | Joe Johnston | 9 | Christopher Fell | 12 | Andy Buttery | 13 | Nick Schofield | 15 | Grant Cunliffe | 28 | Elliott Wylie |
| 2 | Blackburn Harriers & Ac | 103 | — | 2 | Gary Priestley | 6 | Karl Billington | 14 | Chris Mathews | 20 | Matt Nuttall | 30 | Paul Guinan | 31 | Chris Barnes |
| 3 | Manx Harriers | 140 | — | 4 | Kevin Loundes | 10 | Ollie Lockley | 21 | Michael Garrett | 25 | Edward Gumbley | 36 | Gianni Epifani | 44 | Andy Watson |
| 4 | Lancaster & Morecambe Ac | 193 | — | 17 | Beau Smith | 19 | Callum Mason | 24 | Steve Worthington | 34 | Adam Bateson | 48 | Peter Twigg | 51 | Paul Hodgson |
| 5 | Clayton Le Moors Harriers | 210 | — | 26 | Andrew Stubbs | 32 | Phil Hall | 33 | Jack Dugdale | 35 | Mark Aspinall | 37 | Paul Thompson | 47 | Mike Wallis |
| 6 | Blackpool Wyre & Fylde | 284 | — | 7 | Luke Minns | 27 | John Wright | 39 | Adam Weightman | 61 | Andrew Woodward | 70 | Jeff Lawton | 80 | Gary Johnston |
| 7 | Preston Harriers & Ac | 326 | — | 42 | Callum Rowett | 45 | David Parkington | 50 | Tony Livesey | 52 | Michael O'Donnell | 68 | Kevin Hesketh | 69 | Phil Walsh |
| 8 | Wesham Road Runners & Ac | 356 | — | 16 | Charlie Pass | 23 | Robert Danson | 56 | Alex Rowe | 71 | John Collier | 91 | Mark Midgley | 99 | Nigel Shepherd |
| 9 | Chorley Ac | 523 | — | 22 | Luke Betts | 85 | Paul Wareing | 96 | Simon Townsend | 104 | Henry Minorczyk | 107 | Barry Chester | 109 | Marco Sciacca |

Lancashire Cross Country Championships at Witton Park, Blackburn on Saturday 7th January 2012

Senior Men (Vets) — FINAL RESULTS

| Pos | Name | Cat/Pos | Club | Time | | | | | |
|-----|-------------------|---------|---------------------------|-------|----|---------------------|--------|--------------------------------|---------|
| 1 | Philip Leybourne | V40 1 | Salford Harriers | 37:34 | 38 | John Griffiths | V45 9 | Preston Harriers & Ac | 46:21 |
| 2 | Andy Buttery | V40 2 | Rossendale Harriers & Ac | 37:37 | 39 | Gary Johnston | V55 6 | Blackpool Wyre & Fylde | 46:25 |
| 3 | Nick Schofield | V45 1 | Rossendale Harriers & Ac | 37:58 | 40 | Michael Toms | V45 10 | Rossendale Harriers & Ac | 46:28 |
| 4 | Matt Nuttall | V40 3 | Blackburn Harriers & Ac | 38:44 | 41 | David Newton | V55 7 | Manx Harriers | 46:31 |
| 5 | Michael Garrett | V40 4 | Manx Harriers | 38:48 | 42 | Graham Webster | V55 8 | Lytham St Annes Rr Club | 46:33 |
| 6 | Andrew Stubbs | V40 5 | Clayton Le Moors Harriers | 39:39 | 43 | John Crook | V45 11 | Skelmersdale Boundary Harriers | 46:38 |
| 7 | John Wright | V45 2 | Blackpool Wyre & Fylde | 39:46 | 44 | Paul Wareing | V45 12 | Chorley Ac | 47:12 |
| 8 | Paul Guinan | V40 6 | Blackburn Harriers & Ac | 40:11 | 45 | Steven Luff | V45 13 | Preston Harriers & Ac | 47:24 |
| 9 | Phil Hall | V50 1 | Clayton Le Moors Harriers | 40:28 | 46 | Phillip Quibell | V55 9 | Unattached | 47:36 |
| 10 | Mark Aspinall | V50 2 | Clayton Le Moors Harriers | 40:47 | 47 | Andrew Doyle | V40 14 | Bolton United Harriers & Ac | 48:35 |
| 11 | Gianni Epifani | V40 7 | Manx Harriers | 40:49 | 48 | Stuart Williams | V45 14 | Blackpool Wyre & Fylde | 49:15 |
| 12 | Paul Thompson | V40 8 | Clayton Le Moors Harriers | 40:51 | 49 | David Scott | V65 1 | Clayton Le Moors Harriers | 49:42 |
| 13 | Andy Watson | V40 9 | Manx Harriers | 41:39 | 50 | Mark Midgley | V45 15 | Wesham Road Runners & Ac | 50:07 |
| 14 | Mike Wallis | V50 3 | Clayton Le Moors Harriers | 41:52 | 51 | Michael Leck | V60 1 | Lancaster & Morecambe Ac | 50:36 |
| 15 | Peter Twigg | V45 3 | Lancaster & Morecambe Ac | 41:59 | 52 | Michael McLoughlin | V55 10 | Preston Harriers & Ac | 50:47 |
| 16 | Graham Morris | V45 4 | Accrington Road Runners | 42:02 | 53 | Simon Townsend | V45 16 | Chorley Ac | 50:56 |
| 17 | Michael O'Donnell | V45 5 | Preston Harriers & Ac | 42:19 | 54 | Paul Jackson | V45 17 | Chorley Harriers & Tri | 50:57 |
| 18 | Gary Pearse | V45 6 | Blackburn Harriers & Ac | 42:31 | 55 | Peter Sagar | V50 12 | Hyndburn Ac | 51:12 |
| 19 | Alex Rowe | V50 4 | Wesham Road Runners & Ac | 43:01 | 56 | Nigel Shepherd | V50 13 | Wesham Road Runners & Ac | 51:38 |
| 20 | Andy Fox | V50 5 | Manx Harriers | 43:03 | 57 | Gordon Thompson | V50 14 | Preston Harriers & Ac | 51:41 |
| 21 | Russell Collister | V45 7 | Manx Harriers | 43:10 | 58 | John Orrell | V45 18 | Blackburn Harriers & Ac | 52:03 |
| 22 | Andy Townsend | V45 8 | Horwich R M I Harriers | 43:11 | 59 | Graham Wright | V60 2 | Rossendale Harriers & Ac | 52:14 |
| 23 | Richard Stott | V50 6 | Rossendale Harriers & Ac | 43:19 | 60 | Henry Minorczyk | V60 3 | Chorley Ac | 52:18 |
| 24 | Mark Wightman | V50 7 | Clayton Le Moors Harriers | 43:27 | 61 | Jeffrey Wright | V50 15 | Blackpool Wyre & Fylde | 52:50 |
| 25 | Mark Almond | V40 10 | Blackburn Harriers & Ac | 43:44 | 62 | Peter Gibson | V55 11 | Blackpool Wyre & Fylde | 53:18 |
| 26 | Murray Lambden | V55 1 | Manx Harriers | 43:51 | 63 | Barry Chester | V60 4 | Chorley Ac | 53:59 |
| 27 | Andrew Orr | V40 11 | Clayton Le Moors Harriers | 44:19 | 64 | Kevin Doherty | V40 15 | Blackburn Harriers & Ac | 54:06 |
| 28 | Kevin Hesketh | V55 2 | Preston Harriers & Ac | 44:55 | 65 | Marco Sciacca | V40 16 | Chorley Ac | 54:08 |
| 29 | Phil Walsh | V55 3 | Preston Harriers & Ac | 45:04 | 66 | Brian Porter | V45 19 | Wesham Road Runners & Ac | 56:03 |
| 30 | Jeff Lawton | V50 8 | Blackpool Wyre & Fylde | 45:12 | 67 | Paul Murray | V70 1 | Horwich R M I Harriers | 56:42 |
| 31 | John Collier | V55 4 | Wesham Road Runners & Ac | 45:15 | 68 | Nicholas Hutchinson | V40 17 | Hyndburn Ac | 57:38 |
| 32 | Terry Hellings | V55 5 | Lytham St Annes Rr Club | 45:28 | 69 | Philip McCullagh | V50 16 | Chorley Ac | 1:01:58 |
| 33 | Graham Hodgson | V50 9 | Lancaster & Morecambe Ac | 45:50 | 70 | J Simpson | V70 2 | Preston Harriers & Ac | 1:03:35 |
| 34 | John Rainford | V50 10 | Preston Harriers & Ac | 45:56 | 71 | John Minton | V70 3 | Chorley Ac | 1:07:00 |
| 35 | Don Lennon | V40 12 | Ribble Valley AC | 46:12 | 72 | Tom Hilton | V65 2 | Chorley Ac | 1:11:52 |
| 36 | Martin Oldfield | V40 13 | Ribble Valley AC | 46:15 | 73 | Adrian Smith | V60 5 | Chorley Ac | 1:13:08 |
| 37 | Tony Croft | V50 11 | Lytham St Annes Rr Club | 46:20 | 74 | Mike Coppin | V65 3 | Chorley Ac | 1:18:01 |

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | | | |
|---|---------------------------|-----|---|----|-------------------|----|----------------|----|-----------------|----|-----------------|
| 1 | Clayton Le Moors Harriers | 37 | — | 6 | Andrew Stubbs | 9 | Phil Hall | 10 | Mark Aspinall | 12 | Paul Thompson |
| 2 | Manx Harriers | 49 | — | 5 | Michael Garrett | 11 | Gianni Epifani | 13 | Andy Watson | 20 | Andy Fox |
| 3 | Blackburn Harriers & Ac | 55 | — | 4 | Matt Nuttall | 8 | Paul Guinan | 18 | Gary Pearse | 25 | Mark Almond |
| 4 | Rossendale Harriers & Ac | 68 | — | 2 | Andy Buttery | 3 | Nick Schofield | 23 | Richard Stott | 40 | Michael Toms |
| 5 | Preston Harriers & Ac | 108 | — | 17 | Michael O'Donnell | 28 | Kevin Hesketh | 29 | Phil Walsh | 34 | John Rainford |
| 6 | Blackpool Wyre & Fylde | 123 | — | 7 | John Wright | 30 | Jeff Lawton | 39 | Gary Johnston | 47 | Stuart Williams |
| 7 | Wesham Road Runners & Ac | 154 | — | 19 | Alex Rowe | 31 | John Collier | 49 | Mark Midgley | 55 | Nigel Shepherd |
| 8 | Chorley Ac | 217 | — | 44 | Paul Wareing | 52 | Simon Townsend | 59 | Henry Minorczyk | 62 | Barry Chester |

Senior Men - Junior — FINAL RESULTS

| Pos | Name | Cat/Pos | Club | Time | | | | | |
|-----|-----------------|---------|--------------------------|-------|----|----------------|--|-------------------------------|-------|
| 1 | Karl Billington | | Blackburn Harriers & Ac | 36:23 | 11 | Robert Warner | | Blackburn Harriers & Ac | 41:17 |
| 2 | Joe Johnston | | Rossendale Harriers & Ac | 37:00 | 12 | Sean Kirkbride | | Liverpool Pembroke & Sefton H | 41:19 |
| 3 | Ollie Lockley | | Manx Harriers | 37:31 | 13 | Callum Rowett | | Preston Harriers & Ac | 41:25 |
| 4 | Chris Mathews | | Blackburn Harriers & Ac | 38:11 | 14 | Zachary Howe | | Horwich R M I Harriers | 41:35 |
| 5 | Beau Smith | | Lancaster & Morecambe Ac | 38:27 | 15 | Dominic Walton | | Blackburn Harriers & Ac | 41:44 |
| 6 | Callum Mason | | Lancaster & Morecambe Ac | 38:41 | 16 | Paul Hodgson | | Lancaster & Morecambe Ac | 42:16 |
| 7 | Luke Betts | | Chorley Ac | 38:57 | 17 | Joe Moores | | Rossendale Harriers & Ac | 42:59 |
| 8 | Elliott Wylie | | Rossendale Harriers & Ac | 40:01 | 18 | Jonathan Hull | | Leicester Coritanians | 43:12 |
| 9 | Adam Bateson | | Lancaster & Morecambe Ac | 40:44 | 19 | Ben Ratcliffe | | Ribble Valley AC | 48:30 |
| 10 | Adam Weightman | | Blackpool Wyre & Fylde | 41:02 | 20 | David Bagot | | Clayton Le Moors Harriers | 50:33 |

Senior Men - Junior — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | |
|---|--------------------------|----|---|---|-----------------|---|---------------|----|---------------|
| 1 | Blackburn Harriers & Ac | 16 | — | 1 | Karl Billington | 4 | Chris Mathews | 11 | Robert Warner |
| 2 | Lancaster & Morecambe Ac | 20 | — | 5 | Beau Smith | 6 | Callum Mason | 9 | Adam Bateson |
| 3 | Rossendale Harriers & Ac | 27 | — | 2 | Joe Johnston | 8 | Elliott Wylie | 17 | Joe Moores |